

# Some Basics on Medicaid in Alaska

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#### What is Medicaid?

- Medicaid was created by the federal government under the Social Security Act in 1965 to pay for health care for individuals who are low-income—many of whom are employed. It is administered by the states, which also share a portion of the costs.
- Over the decades, it has been expanded to include people with disabilities, children, pregnant women, single adults, and seniors.
- Medicaid is a major component of Alaska's current health care system and infrastructure in both urban and rural communities because it's a major payer for health care services.
- Alaska authorized its original Medicaid program back in 1972, and in the year 2000 launched Denali Kidcare, which is the Medicaid program covering children.
- A major change occurred in the program in 2015 when Alaska, like many other states, expanded its eligibility to include single adults aged 19-64 with household income up to 138% of the poverty level. Enrollment grew significantly after that.
- The economic benefit of this expansion to Alaska was significant. In the first three years, nearly \$1 billion in federal funding flowed into Alaska's health care industry as a result. In addition to expanding coverage, it contributed to new jobs in Alaska's health care sector.

Source: <u>HealthInsurance.org</u>, <u>LLC</u>

## Who Receives Medicaid in Alaska?

- In 2024, Medicaid provided critical health care access and coverage to roughly 1 in 3 Alaskans who meet Income Eligibility Limits. That's ~246,000 of us.
- It can be long-term or fill a coverage gap for a short time.
- Broadly, Alaskans covered by Medicaid include:
  - Pregnant Women:
    - Nearly 38% of all births in Alaska are covered
  - Children:
    - Approximately 94,000 children from low-income families or who have a disability; the vast majority are from working families
    - Covers primary care for children's mental health
    - Most children in foster care depend on Medicaid
  - Seniors & People with Disabilities:
    - Supports 80% of all residents in nursing homes or assisted living facilities, including younger people with disabilities
    - Supports people with disabilities of all ages
  - Adults:
    - Medicaid covers working adults who don't have employer insurance or don't make enough to afford private insurance
    - 54% of Alaskan adults (not disabled or elderly) with Medicaid coverage are working
    - Nearly 1 in 10 veterans has Medicaid coverage; Alaska has the highest population of veterans per capita in the U.S.
    - Medicaid covers treatment for people with opioid addiction, supporting the state's focus on the opioid epidemic

Sources: State of Alaska, KFF's Alaska fact sheet, Urban Institute

## What is Currently Happening with Medicaid Funding?

#### What We Know Today

- Congress recently passed a "budget resolution" that serves as a sort of blueprint to guide Congress' budget-related legislation this year. The resolution lays out a potential \$880 billion in cuts to Medicaid nationwide.
- The House and Senate are now in the process of drafting "reconciliation bills" that outline spending, which could include significant Medicaid cuts or changes impacting Alaska's program.

#### What We DO NOT Know Today

- We will surely be hearing more in the coming weeks and months, what *if* any actual proposed cuts will be for Alaska.
- It's incumbent on us as Alaskans to understand Medicaid and what the impacts could be on people who receive health care through Medicaid, our communities, and the economy.

## **Additional Resources**

- State of Alaska Department of Health
- KFF Fact Sheet on Alaska and Medicaid
- KFF Build A Custom State Report tool
- Georgetown University Fact Sheet on Alaska and Medicaid